

Reverse Advent Calendar

Highland Foodbank

We would be grateful if you could collect the following items during Advent to add to food parcels which will be given out from our Foodbank Centres. **Your kind donations can be dropped off at our Foodbank Warehouse in Glebe Street, Inverness, IV1 1RF or to any Blythwood Care Charity Shop any time up to 23rd December, so you may wish to add the item for 24th December earlier.**

Very many thanks for your support!

1 st	Bag for Life (other items can be placed into this bag)	13 th	Small pack of sweets/chocolate
2 nd	Small bottle of diluting juice	14 th	Jar of instant coffee
3 rd	Bottle of shower gel	15 th	Tin of corned beef
4 th	Small tin of ham	16 th	Packet of disposable razor blades
5 th	Packet of cream crackers	17 th	Tin of shaving foam
6 th	Small washing powder/gel	18 th	Packet of oatcakes
7 th	Tin of potatoes/smash	19 th	Bottle of shampoo
8 th	Carton of UHT milk	20 th	Carton of long life apple juice
9 th	Small bag of granulated sugar	21 st	Large tin of ham
10 th	Small packet of biscuits	22 nd	Single packaged adult toothbrush
11 th	Tin of mince/stew	23 rd	Tin of fruit
12 th	Jar of jam	24 th	£3 to keep the Foodbank van on the road

Please note that the items we have asked for are not our exhaustive list, but items we are shorter of. We have an overabundance of soup, beans and pasta and don't require donations of these items.

Foodbank enquiries: 01463 717630



Registered charity no. SC048001
Company no. 583493

Registered address: Blythwood Care,
Deephaven, Evanton, IV16 9XJ.